



## INFOGUIDE ON SUPPORT WORK

### WHAT IS THE ROLE OF A SUPPORT WORKER?

Each of the young people in our agency have their own designated support worker. They have regular sessions dependant on their needs, which are continually reviewed and adapted where necessary. All of which are based around our SMILE model – our integrated therapeutic approach to deliver therapeutic parenting <https://www.mosaicfostercare.com/what-we-do/>

The child always comes first and it is the role of a support worker to build a good relationship with the young person by listening and understanding without judgement. The support worker is dedicated and committed to the safety and welfare of the young person whilst engaging in appropriate pro-social, pro-normal, healthy and fun activities. By being child focused and person centered the support worker will enhance and develop the young person's skills, attributes and interests. It is important they share their own life experiences with the young people too so they get to know each other. Taking an interest in what they say and do gives them the confidence to share more and make them better placed to listen if any advice or guidance is offered.

There is associated training and comprehensive evidence based reports are produced. The support worker will also attend meetings with the team around the child to offer any insights they may have and comment on their evidence of progression.

Please read what one of our support workers has to say <https://www.mosaicfostercare.com/the-role-of-a-support-worker/>

### WHAT HAPPENS AT A SUPPORT SESSION?

The sessions may include group work through activities, supervising contact, support with school work, providing transport, and aiding with home schooling. Alongside that there is building confidence with independence, building resilience, giving opportunities to practice social skills, being an ear or simply just having a bit of fun when the going gets tough, all with a smile 😊.